		EDUCATORS SOCI	ETY FOR HERITAGE	OF INDIA देशा	1
ईशा STARTalk SUMMER SCHOOL 2017 LUNCH (11:55 AM -12:55 PM) MENU					
(ALL FOOD SERVED AT THE SUMMER SCHOOL WILL BE VEGETARIAN)					
	MONDAY 7/17/2017	TUESDAY 7/18/2017	WEDNESDAY 7/19/2017	THURSDAY 7/20/2017	FRIDAY 7/21/2017
Snack					
	< One snack will be served (9:15AM -9:30AM) such as bagels, fruit, Cereals, Milk, cookies>				
Lunch	Indian Food	South Indian Food	<u> Italian</u>	Domino's	Field Trip
	Palak Paneer	ldli	Panne with Tomato Sauce	PIZZA plain, onion, mix Veg	
	Yellow Daal	Vada	Ravioli Cheese/ Spinach		Food will be served at the temple
	Naan Paratha	Sambhar	Garlic Bread		
	Plain Dahi	Chutney	Salad		
	Rice	Raita	Assorted Cookies	watermelon/sweets	
	Gulab Jamun	Tamarind Rice			
		Sweet			
	7/24	7/25	7/26	7/27	7/28
Snack					
	<> One snack will be served (9:15AM -9:30AM) such as bagels, fruit, Cereals, Milk, cookies>				
Lunch	Fallafall	Indian Food (SITE VISITORS)	Italian	Carrilla Institute Face of	Mala
Lunion	<u>i anaran</u>	Indian Food (SITE VISITORS)	<u>Italian</u>	South Indian Food	<u>Mela</u>
Lanch	<u>r anaran</u>	Matar Paneer	Panne with Tomato Sauce	Idli	Meia Domino's
Edition	Fallafall Sandwich				<u> </u>
Editori		Matar Paneer	Panne with Tomato Sauce	Idli	Domino's
Lanch		Matar Paneer Yellow Daal	Panne with Tomato Sauce Ravioli Cheese/ Spinach	Idli Vada	Domino's
Carlon		Matar Paneer Yellow Daal Naan Rice	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread	Idli Vada Sambhar	Domino's PIZZA plain, onion, mix Veg
Carlon	Fallafall Sandwich	Matar Paneer Yellow Daal Naan Rice	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad	Idli Vada Sambhar Chutney	Domino's PIZZA plain, onion, mix Veg
Zanon	Fallafall Sandwich	Matar Paneer Yellow Daal Naan Rice Gajar Halwa	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad	Idli Vada Sambhar Chutney Raita	Domino's PIZZA plain, onion, mix Veg
Eurich	Fallafall Sandwich	Matar Paneer Yellow Daal Naan Rice Gajar Halwa	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad	Idli Vada Sambhar Chutney Raita Tamarind Rice	Domino's PIZZA plain, onion, mix Veg
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela)
	Fallafall Sandwich Watermelon / Ice Cream / Cookie	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela)
	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela)
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 One snack will be served	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bag	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31 < Taco Bell / Fallafall	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 One snack will be served South Indian Food	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bag Italian	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4 es> Last Day -Indian Food
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31 < Taco Bell / Fallafall	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 One snack will be served South Indian Food Idli	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bage Italian Panne with Tomato Sauce	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4 ies> Last Day -Indian Food Shahi Paneer
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31 < Taco Bell / Fallafall Bean Burritos	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 - One snack will be served South Indian Food Idli Vada	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bage Italian Panne with Tomato Sauce Ravioli Cheese/ Spinach	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4 Es> Last Day -Indian Food Shahi Paneer Bhindi Masala
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31 < Taco Bell / Fallafall Bean Burritos	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 - One snack will be served South Indian Food Idli Vada Sambhar	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bage Italian Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4 8/4 Last Day -Indian Food Shahi Paneer Bhindi Masala Yellow Daal
Snack	Fallafall Sandwich Watermelon / Ice Cream / Cookie 7/31 < Taco Bell / Fallafall Bean Burritos Bean Chalupa Supreme	Matar Paneer Yellow Daal Naan Rice Gajar Halwa Salad 8/1 - One snack will be served South Indian Food Idli Vada Sambhar Chutney	Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad Assorted Cookies 8/2 (9:15AM -9:30AM) such as bage Italian Panne with Tomato Sauce Ravioli Cheese/ Spinach Garlic Bread Salad	Idli Vada Sambhar Chutney Raita Tamarind Rice Sweet 8/3 gels, fruit, Cereals, Milk, cooki Domino's PIZZA plain, onion, mix Veg	Domino's PIZZA plain, onion, mix Veg (Students get snacks/fruit/chaat in Mela) 8/4 8/4 Es> Last Day -Indian Food Shahi Paneer Bhindi Masala Yellow Daal Salad